

Croatian Cuisine

“The cuisine of regions!”



The cuisine of regions!

- Croatian cuisine is heterogenous and is usually known as the cuisine of regions:
 - Mainland cuisine
 - Coastal cuisine

Mainland cuisine

- It bears the influences of Hungarian, Viennese and recently Turkish nation.
- Most of the dishes are created during traditional pig-slaughter days
- Usually meals with meat or in combination with meat.
- Specialties: Meat stews and dry meat products

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Coastal Cuisine

- ◉ Greek, Roman, Illyrian and mediterranean influences
- ◉ Mostly fish-related food
- ◉ Specialties: Fish, lobster, etc., (sea food)

Types of food

Types of food/beverage

- There are several classes in which we can put croatian dishes: Meat (and game), stews, pasta, soup, sausages and ham, cheese, pastry
- There are also several types of beverage: beer, wine, rakija and other alcoholic products.

Meat and game

- Roasted pheasant
- Paštica
- Turkey with mlinci
- Goose filled with buckwheat (Međimurje region)
- Hladetina
- Dalmatian Ham



Kristina Central Serv



Photo by Holly A. Hays



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Stew: a variety of combinations

- Goulash – small meat chops
- Mahune – vegetable stew
- Brudet -fish stew
- Chicken stew
- Istrian stew (Jota)
- Čobanac



Pasta and soups

- Usually normal meal with regional spicing:
- Palenta
- Fuži
- Manistra
- The soups are usually given a special taste with the use of Vegeta



Sausages and ham

- Kulin
- Švargl
- Čvarci
- Kobasica
- Slanina
- Pršut



Švargl:



Cheese

- Paški sir
- Krčki sir
- Turoš
- Prga
- Cottage cheese



Deserts

- Palačinke
- Krempita
- Makovnjača
- Krafne(type of donut)
- Orahnjača
- Štrukli



Beers

- Velebitsko (rated the best Croatian beer)
- Vukovarsko
- Ožujsko (Named after the month March)
- Karlovačko (city Karlovac)
- Osječko (city Osijek)
- Pan and Golden Pan



Wine and other beverages

- Prošek
- Malvazija
- Plavac



- Rakija
- Medica (honey rakija)
- Pelinkovac



The end.



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